

28 Days of Soaking Consecration Regimen

The purpose of this consecration is to bring you into a deeper place in God, as He continuously positions you for the assignments and mandates which He has ordained for you.

This consecration will occur in **4 realistic stages of soaking** in the presence of God. Each stage is designed to bring you into an ultimate place of clarity, anointing, maturity, saturation, sanctification and empowerment in God.

The focus will be more on consecration than fasting. Fasting has become somewhat traditional ritualistic; which often leaves people moved but not changed. It is my conviction, that fasting and consecration are by-products of one another.

I assure you, you will never be the same after this consecration.

Stage 1 Seven Days of Knocking (searching)

7 days, beginning today March 1, of **continuous invoking God to search every area, every crack and every crevice** known (name them) and unknown to you, for anything that is not like Him, as well as anything additional which you as an individual are not released to partake of based on your mantle and anointing in Him.

Although this may seem like one particular prayer that should only take a minute to pray and does not require repetition. The idea is to have you soak in this request before God. The soaking is for your spirit more so than for God's hearing.

This stage involves elongated periods, of laying before God, as of a patient being on the examination table, under examination, by not just a doctor, but a surgeon. meditate and keep your thoughts on this petition only and the holiness and sovereignty of God.

Stage 2 Seven Days of Weeping, Wailing, Lamenting (revealing)

Prayer - God reveal all of these things to me, so that I may openly confess them to you and help me to sanctify a fast before you. I know that I must present my body before you in fasting so that I may insure purity and sincerity as I release them to you. I want to release everything to you that you don't want to be a part of me.

This stage begins your period of silence because you must be silent to hear. It will help train and discipline your spirit to listen for the voice of God in one particular area. For

some, you will begin to learn and for others you will sharpen your iron on dispelling other unrelated thoughts, no matter how relevant they may seem to you. During this stage you must profess incessant adoration for God. **Ex:** God I want to know these things because they are an offense to you and anything that is an offence to you, I don't want any part of. They are an offence to me also. You are so awesome God. I love you so much. I live to please and adore you. You are my God and my Father. I want to confess everything to you, because I love you so much. You are mine and I am yours. I know that I am. I belong to you. Be my God always. Don't ever leave me. Don't ever take yourself away from me. I adore you so much. My God, my Father, I love you. (this dialogue lights up God's heart. He loves it. It causes Him to draw closer to you and to draw you closer to Him. You will find your own affections for God increasing and deepening.)

Stage 3 Seven Days of Emptying (fasting and emptying takes place)

Empty me now Lord, as I lay myself before you in fasting. I am a submitted vessel waiting to be emptied. Yes, God, I want to be emptied. I gladly and humbly lay before you in total submission. Do whatever you must do Father. Tear these things out of me. Rip them from the marrow of my being. The very joints of my bones. God by whatever means necessary, take these things from me. Empty me now, Lord. make me hate them. I just want to please you. I want to be like you. I want you reigning in my life. God, please, I love you so much. Empty me Holy Spirit. Empty me now, never to return. Release me from myself even. All that which I desire that is not like you. etc.

Stage 4 Seven Days of Filling

While you are still fasting from what God has instructed you. You must lay before God in worship, asking to be filled with all and anything which He desires.

You are in silence and total submission before God. This is a time of no conversation. Your words are very few and limited to basically "Lord fill me with you." Not even God is talking much here. If you hear His voice, it will be of encouragement. You will discern His presence and perhaps even feel the breath of His presence more than His voice. When you are being filled, all is silent, yet much is being done.

Be encouraged, be sincere, be serious and be expecting change, empowerment, fellowship and deeper dimensions into the throne room of God and His being.

I Love You All,
Apostle Janice Fountaine